

## **Guide to Construction of an Osteopathic Neuromusculoskeletal Medicine Program Block Diagram**

### **Review Committee for Osteopathic Neuromusculoskeletal Medicine**

A block diagram is a representation of the rotation schedule for a resident in a given post-graduate year. It offers information on the type, location, length, and variety of rotations for that year. The block diagram shows the rotations a resident would have in a given year; it does not represent the order in which they occur. There should be only one block diagram for each year of education, per entry pathway offered. The block diagram should not be a rotation schedule and should not include resident names.

Programs are asked to create and upload a PDF of their block diagram, using the information below as a guide, when they apply for accreditation, and to continue to maintain a current block diagram as an accredited program. If needed, additional information to aid in understanding the program's block diagram may be entered in the "Notes" section at the end of the block diagram. Once the program's initial block diagram has been uploaded, a new one should be uploaded when there is a change.

- If planning to accept residents into more than one level of the program, programs are encouraged to create separate block diagrams, one for each entry pathway offered.
- If the program plans to only accept residents into one level of entry (e.g., the ONMM3 level), it only needs to show a block diagram for that level. For more information, see the Osteopathic Neuromusculoskeletal Medicine FAQs.
- Two common models of the block diagram exist: the first is organized by month; and the second divides the year into 13 four-week blocks. If a rotation is completed longitudinally, the rotation should be represented in a block and denoted with an (\*) that it is a longitudinal rotation. Samples are provided below.
- It is expected that each level of the educational program, represented through blocks, account for a calendar year. Therefore, it is expected that 12 (calendar month) or 13 (four-week block) rotations be designated.
- The Osteopathic Neuromusculoskeletal Medicine Program Requirements effective July 1, 2019 require that all rotations be calculated as 100 hours. It is still expected that programs may choose to offer rotations in block months or four-week blocks. If the program chooses to do this, it must continue to represent the format of rotations offered on the block diagram.
- Each rotation block on the block diagram should be representative of a 100-hour or more experience.
- It must be indicated how vacation time is taken. This can be done by allocating a block to vacation, or by indicating this in the "Notes" section accompanying the block diagram.
- In constructing the block diagram, include the participating site in which a rotation takes place, as well as the name of the rotation. If the name of the rotation does not clearly indicate the nature of the rotation, then clarifying information should be provided as a footnote to the block diagram or elsewhere in the document. Avoid using local rotation names such as "blue team" or "floor team," and instead use a more descriptive name such as "inpatient ONMM," "ONMM consult service," etc.

- Note that rotations identified on the block diagram should reflect the specialty or subspecialty name. For example, OMM and OMT are not specialties and should not appear as such on the block diagram.
- Participating sites listed on the block diagram should match the participating sites listed on the Sites tab in the Accreditation Data System (ADS). If a Program Letter of Agreement is necessary, the participating site in the agreement should match the block diagram and the sites listed in ADS. The site numbers listed in ADS should be used to create the block diagram.
- Group rotations by specialty or subspecialty. For example, list all of the inpatient ONMM rotations together.
- Required rotations should be listed by name in the block diagram. A generic representation of a “required rotation” placeholder should not be used.
- When “elective” time is shown in the block diagram, a specific elective rotation should not be identified. A generic representation of “elective” should be used in the block diagram. The choice of elective rotations available for residents should be listed below the diagram. Elective rotations do not require a participating site to be identified.
- If your program requires a research rotation, that should be indicated on the block diagram.
- The average number of half days spent in the continuity of care clinic should be identified for each block. If all rotations are completed longitudinally, the program should provide a narrative response in the “Notes” section that outlines how the half-day continuity of care clinic time is distributed over the year. For example, if a resident is expected to be away from the Sponsoring Institution for a required or elective rotation, and will be unable to spend time in the continuity of care clinic during that block, the program will need to explain how and when that time is made up at other times during the year.

### Sample: ONMM1 Entry Pathway

(Note: This is a sample of a 12-month block rotation schedule.)

#### ONMM1

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	Site 1	Site 2	Site 2	Site 2	Site 3	Site 3	Site 1	Site 1	Site 2	Site 2		
Rotation Name	Internal Medicine	Internal Medicine	Family Medicine	Family Medicine	Pediatrics	Obstetrics & Gynecology	General Surgery	Emergency Medicine	ONMM Opt	ONMM Opt	Elective*	Elective*
# of half-day clinic sessions per week	1	1	1	1	1	1	1	1	1	1	1	1

\*Electives may not include ONMM rotations, because the maximum number of rotations are already part of the required curriculum.

#### ONMM2

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	Site 1	Site 1	Site 2	Site 3	Site 3							
Rotation Name	ONMM Inpt	ONMM Inpt	Sports Medicine	Neurology	Pain Management	Elective						
# of half-day clinic sessions per week	3	3	3	3	3	3	3	3	3	3	3	3

### ONMM3

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	Site 1	Site 1	Site 2	Site 2								
Rotation Name	ONMM Inpt	ONMM Inpt	Occupational Medicine	PM&R	Elective							
# of half-day clinic sessions per week	3	3	3	3	3	3	3	3	3	3	3	3

Site 1: XYZ Hospital

Site 2: ABC Clinic

Site 3: LMN Ambulatory Center

Elective Options: academic medicine, diagnostic radiology, family medicine, hospice and palliative medicine, internal medicine, outpatient osteopathic neuromusculoskeletal medicine, pediatrics, physical medicine and rehabilitation, rheumatology, sports medicine

Vacation: Residents may take 20 days of vacation throughout the year, consistent with the program's vacation and leave policy. Residents may only request five consecutive days of vacation at a time.

### Sample: ONMM2 Entry Pathway

(Note: This is a sample of a 4-week block rotation schedule.)

#### ONMM2

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	Site 1	Site 1	Site 1	Site 1	Site 1								
Rotation Name	ONMM Inpt	ONMM Inpt	Sports Medicine	Neurology	Pain Management	Elective	Elective	Elective	Elective	Elective	Elective	Elective**	Vacation
# of half-day clinic sessions per week	4	4	4	4	4	3	3	3	3	3	3	0	N/A

#### ONMM3

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	Site 1	Site 1	Site 2	Site 2									
Rotation Name	ONMM Inpt	ONMM Inpt	Occupational Medicine	PM&R	Elective	Elective**	Vacation						
# of half-day clinic sessions per week	4	4	4	4	3	3	3	3	3	3	3	0	N/A

Site 1: XYZ Hospital

Site 2: ABC Clinic

Site 3: LMN Ambulatory Center

Elective Options: academic medicine, diagnostic radiology, family medicine, hospice and palliative medicine, internal medicine, outpatient osteopathic neuromusculoskeletal medicine, pediatrics, physical medicine and rehabilitation, rheumatology, sports medicine

\*\*Residents may complete up to two away rotations.

## Sample 1: ONMM3 Entry Pathway

(Note: This is a sample of a longitudinal rotation schedule.)

### ONMM3

Block	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal	Longitudinal
Site	Site 1	Site 1	Site 2	Site 3	Site 2							
Rotation Name	ONMM Inpt	ONMM Inpt	Pain Management	Neurology	PM&R	Elective						

Site 1: XYZ Hospital

Site 2: ABC Clinic

Site 3: LMN Ambulatory Center

Elective Options: diagnostic radiology, family medicine, hospice and palliative medicine, internal medicine, outpatient osteopathic neuromusculoskeletal medicine, pediatrics, physical medicine and rehabilitation, rheumatology, sports medicine

Continuity of Care Clinic: Residents will spend at least three half days per week on average in the continuity of care clinic throughout the year. All elective rotations are required to be completed near the sponsoring institution, so residents will not need to makeup clinic time during those experiences.

Vacation: Residents may take 20 days of vacation throughout the year, consistent with the program's vacation and leave policy. Residents may only request five consecutive days of vacation at a time.

## Sample 2: ONMM3 Entry Pathway

### ONMM3

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	Site 1	Site 1	Site 1	Site 1	Site 2	Site 2	Site 1/3	Site 1/3				
Rotation Name	ONMM Inpt	ONMM Inpt	Selective Group #1	Selective Group #1	Selective Group #2	Selective Group #2	Selective Group #3	Elective	Elective	Elective	Elective	Elective
# of half-day clinic sessions per week	4	4	4	4	4	4	4	4	4	4	4	4

Site 1: XYZ Hospital

Site 2: ABC Clinic

Site 3: LMN Ambulatory Center

Elective Options: diagnostic radiology, family medicine, hospice and palliative medicine, internal medicine, outpatient osteopathic neuromusculoskeletal medicine, pediatrics, physical medicine and rehabilitation, rheumatology, sports medicine

Selective Rotations:

*If a resident has completed one of the following rotations during the primary residency, then an elective may be offered in its place. Only one rotation in a given specialty or subspecialty may be completed from each group, unless the additional rotation is an elective rotation.*

Group #1: neurological surgery; occupational medicine; orthopaedic surgery; podiatric medicine; and sports medicine

Group #2: neurology; physical medicine and rehabilitation; and rheumatology

Group #3: radiology; musculoskeletal radiology; or pain management

Vacation: Residents may take 20 days of vacation throughout the year, consistent with the program's vacation and leave policy.